



“It is increasingly the very smallest of changes that you make in your day-to-day routine that lead to the biggest differences in the overall quality of your life”



brought to you by

think
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Rania Abu Rabia



**is an interior life design program
based on my own experience, and the
experience of the 100s of women
I have coached and interviewed!**

Rania Abu Rabia

BE the author of your life!

STOP yearning for happiness and success
START living a life of meaning and abundance

A practical program to integrate into your life and routine **9 habits** that are the key to a life worth living

Instead of being happy when, be happy while!
Attract and bring joy and spark to your life



Set your priorities, focus on what is important, create goals & action plans & get things done

Set intentions, identify your values and live them, find your life purpose and become it every day

Adopt love and compassion for yourself and all those around you

Bring your boldest self to your biggest challenges!

Embrace change and dance in the moment with whatever comes your way

Connect with and embrace your true calling in life, your gift that stirs energy & inspiration in you

Focus, become more present, mindful and effective

Adopt a growth mindset, stretch yourself, remaining positive and proactive in all situations



Outcomes you can expect from participating in the program:

- Building the muscle of self-confidence and resilience
- Taking consistent action in the direction of your dreams
- Connecting better and nurturing your relationships
- Focusing on solutions, not problems
- Living a life of purpose and meaning
- Becoming an inspiring role model

This program is for you if:

- You want to create for yourself new life habits that will empower you to succeed
- You are a leader seeking to get happier, healthier, more successful and more productive

Rania is a storyteller and an action-oriented coach, facilitator and trainer, specialized in a diverse range of topics related to leadership development. She is also a speaker on topics related to conscious leadership, self-confidence, resilience, happiness, fulfillment, happiness, women development, and finding your calling in life. Rania also designed and co-leads the Life Coaching Certification Program (LCCP), offered in Egypt through LCE. This program is the first ACTP (Accredited Coach Training Program) in Egypt, accredited for 170 training hours from the ICF

Rania is the founder of THINK, a conscious leadership© development center offering programs to leaders in organizations and individual women, capitalizing on the transformational power of blended coaching, experiential learning, personality type identification and gamification

Rania was recognized as one of the top 50 most influential women in Egypt for 2017. She has 30+ years of corporate experience, having worked in various multinational organizations in Canada, UAE and Egypt. Before founding THINK, she was Executive Director, HR, IT & Planning for Abercrombie & Kent Egypt. She holds a BSc in CS degree from Canada. She is a Certified Professional in Leadership & Performance (ATD) as well as a Professional Certified Coach (ICF) and a Professional in HR (HRCI). She has also earned the Cambridge International Diploma for Teachers & Trainers and is a certified MBTI® practitioner and LEGO® SERIOUS PLAY® facilitator



In May 2016, Rania created the “Stories worth spreading©” initiative where she interviews every week a remarkable Egyptian women leader from all over Egypt and shares their stories on her blog www.raniaaburabia.com



Rania Abu Rabia

Client Testimonials

"Your program is very beneficial and interesting and very very applicable to my work and life !!"

"You are a natural coach and an inspirational leader"

"Rania has helped me untangle obstacles that have been getting in the way of a happier more successful life. Under these layers of obstacles lies the truth, all the answers to your life's mystery. I strongly recommend her program to everyone who wants to move forward in their personal or business lives"

"Deep wisdom, melted with genuine curiosity. A true powerful yet smooth leader, with a true sense of duty, making a unique and genuine personality you rarely encounter this mix in a lady within your lifetime. Someone I am lucky to know and learn from"

Program Duration

3 days from 10 am to 4 pm

Program Language

Discussions will be in Arabic

Material will be in both Arabic & English

Location

THINK Leadership Development Center

2nd Floor, 5 Adnan El Rawy Street, Ard El Golf

Call (+0100 885 8593) for directions

Investment includes

- 18 hours of interactive study time
- Coffee breaks during the program
- Small group size (maximum of 12 participants)
- All the material, worksheets and teachings you need

Lifetime access to the **A3det Setat** community, an exclusive hub where like-minded remarkable women meet together to network, support, encourage and mentor each other to move forward towards success.

Available to you long after the program ends, this community will be your source for continuous inspiration, encouragement, support, know-how and experience sharing.



To register

Call (+0100 885 8593)

Email (info@think.com.eg)



We know this program will touch you, change you and grow you in ways you never thought possible. We therefore want to take the risk of you participating off your shoulders completely

If within 30 days of starting, you feel the program did not deliver on its promise, you will get full credit towards any other program of your choice



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